



myCare 

care and support at home

Exceptional care,
Exceptional people.

Who We Are & Why Choose Us?

We are a family owned and operated company based in the North East of Scotland, providing homecare and support services for over 25 years.

Our aim is to provide the highest standard of service, to help enrich the lives of our clients to ensure that they continue to remain able to live an independent life in their home.

Our services are designed to be person centered with the sole aim of fulfilling the required service outcomes of the client. We support people of all ages and with conditions such as dementia, or a learning disability, or people who just need that extra bit of help to remain independent in their home.

We offer a local service tailored to meet your needs and outcomes.

Our services can be provided 24 hours a day, 7 days a week

Our stringent recruitment processes ensure we recruit the right staff to meet your needs

We are dedicated to providing the highest quality of service to exceed your expectations

We encourage and even ask for open and honest feedback so that we may improve our services



Services You Can Trust

We are regulated and inspected by the Care Inspectorate. We are proud of the services we provide but acknowledge that we can always do better which is why we have implemented a 'Continual Improvement Process' to ensure we are never complacent. Our Care Inspectorate inspection reports are available at

www.scswis.com

For more information call

Aberdeen 01224 636333

Dundee 01382 202003

Inverurie 01467 530000

Perth 01738 449249

Our Care and Support Workers

The key to our service is the quality of our team who have a genuine desire to make a difference to the lives of the people they support.

All of our staff are thoroughly vetted with employment reference and PVG checks prior to commencing employment. This ensures that the staff visiting your home are reliable and trustworthy.

We support our staff with industry leading induction training which all staff must undertake prior to delivering services. To maintain high standards staff training is then updated on an annual basis.

The benefits of this to the customer is having the confidence that care staff providing your service are well trained, honest and trustworthy. This would be something that we would all expect.

Our Approach

Our support packages are tailored to your individual needs and focus on the outcomes you require from the service, but also what you can do independently and how we can promote this.

Our staff are trained to encourage and support people to do as much as they can for themselves – doing with rather than doing for.

We provide person centred support focusing on outcomes that support personal goals and enablement for a wide range of people. This environment promotes a personal sense of wellbeing, which not only enables those who we support to get the best out of life, but also gives reassurance and peace of mind to their family and friends.

Services We Provide



We provide a range of quality, reliable home care and support packages tailored to meet individual needs.

Personal Care

- Getting up and going to bed
- Washing, bathing, dressing and undressing
- Preparing meals and support with eating
- Assisting with medication
- Managing continence
- Companionship and socialising

Complex Care

- Palliative and end of life care
- Long term care needs such as Dementia
- Chronic health conditions like motor neurone disease
- Planned hospital discharge
- Care for severe injuries

Practical Support

- Meal preparation
- Shopping, collecting pensions, medications
- Support managing bills and handling mail
- Cleaning and tidying the home
- Practical help arranging house maintenance and gardening
- Social support and organising days with friends/family

Who We Provide Services To

- Older people
- Younger adults
- People with a physical or learning disability
- People with a terminal illness
- People with long term care needs such as Dementia
- People with mental health needs
- People with head injuries

MyCare Grampian

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